

TRAINING REQUIREMENTS	LEVEL B - Step 1 Effective 15 May - Current	LEVEL B - Step 2 Effective TBA	LEVEL C Effective TBA	RETURN TO FULL PLAY Effective 1 July for under 18's TBA for over 18's
Total Participants	Groups of up to 10, including coach and/or essential support personnel	Groups of up to 20, including coach and/or essential support personnel	TBC by NSW Government	TBC by NSW Government
Small group Training	Training up to 10 participants per group including a coach or facilitator	Training up to 20 participants per group including a coach or facilitator	Community sport expansion TBC by NSW Government	Community sport expansion TBC by NSW Government
Physical distancing	Maintain 1.5m physical distancing	Maintain 1.5m physical distancing	As per government restrictions	As per government restrictions
Equipment	"Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs."	"Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs."	"Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs."	"Unrestricted - recommend sanitising equipment after each use No sharing of whistles"
Training length	Recommended maximum 60-minutes	Recommended maximum 60-minutes	Recommended maximum 60-minutes	As determined by club/association
Break between sessions (to allow groups to depart/arrive without mixing, and carry out any cleaning required)	Allow 20-minutes between each group's scheduled training time.	Allow 20-minutes between each group's scheduled training time.	Allow 20-minutes between each group's scheduled training time.	As determined by club/association
Participant arrival time	Do not arrive more than 15-minutes prior to the activity commencing.	Do not arrive more than 15-minutes prior to the activity commencing.	Do not arrive more than 15-minutes prior to the activity commencing.	As determined by club/association
Participant departure time	Depart within 10-minutes of session completion	Depart within 10-minutes of session completion	Depart within 10-minutes of session completion	As determined by club/association
Number of sessions per week / per team	Recommended one session per week	Recommended one - two session per week	TBC	Unrestricted
Training/game day checklist	Required	Required	Required	Required
Attendance checklist	Required	Required	Required	Recommended
Non-contact drills	Permitted	Permitted	Permitted	Permitted
Contact drills	Not-Permitted	Not-Permitted	Permitted	Permitted
Other contact - handshake, huddles, high fives etc.	Not-Permitted	Not-Permitted	Not permitted	TBA
Hand sanitiser available	Required	Required	Required	Recommended
First aid kit available (inclusive of rubber gloves)	Required	Required	Required	Required
Individually labelled water bottle and hand towel	Mandatory	Mandatory	Mandatory	Mandatory
Training uniform	Players' training uniform washed (warm water and detergent) after each session	Players' training uniform washed (warm water and detergent) after each session	Players' training uniform washed (warm water and detergent) after each session	Players' training/game uniform washed (warm water and detergent) after each session
Associations/Club/Team social events at venue	Not Permitted	Not Permitted	Not Permitted	TBC
Spectators	Not-Permitted - parent/guardian may drop off and collect child U/18 from venue.	Not-Permitted - parent/guardian may drop off and collect child U/18 from venue.	TBC	TBC