

## **Assessment of Participants Under 18 Prior to the Resumption of Netball Activities, Training and Competition**

Dear Parent/Guardians/Players Under 18/Volunteers Under 18,

As we begin to return to training and competition, it is important to consider your teammates, volunteers and their families. One way to slow the spread of viruses, such as coronavirus, is physical distancing (also called social distancing).

The more space between people, the harder it is for the virus to spread. There is a range of measures netball can take to support physical distancing and reduce transmission within the practical limitations of a sporting environment.

As a participant in Netball, it is important that you do not attend or participate in any netball activity, training or competition if you or your child are feeling unwell and experiencing any symptoms such as:

- cough,
- sore throat,
- fever,
- fatigue, or
- shortness of breath

**Message for parents:** if your child is sick, they must not go to any netball activities, training and competition. You must keep them at home and isolated away from others. Remember to maintain the recommended physical distancing from other parents and team personnel when attending any netball activity, training or competition, including when dropping off and picking up your children. Please inform team personnel and your club secretary if your child is sick or starts to feel unwell. Ensure your child's emergency contact(s) is/are current.

**Message for children:** tell your parent, guardian or coach/manager/club secretary if you are feeling sick or start experiencing any symptoms when you are at a netball activity, training or competition. Your parents will be contacted to pick you up.

**Message for team personnel:** do not come to netball activities, training or competition games if you are sick, experiencing any symptoms or in a vulnerable person category. Carry your team personnel's emergency contact details in case of sickness and the need to send a participant home. Please inform team personnel/club secretary if you're feeling sick or experiencing any symptoms. Ensure your emergency contact(s) is/are current.

**Message for all adults/players/volunteers:** the greatest risk of transmission in the sporting environment is between adults. It is of utmost importance that team personnel and parents alike maintain the recommended physical distancing between themselves and each other at all netball activities, training and competition. Please inform team personnel/club secretary if you're feeling sick or start to experience any symptoms. Ensure your emergency contact(s) is/are current.

**Message for all participants:** Any participant that is sick should seek medical advice in accordance with local Public Health Authority guidelines. Please let your club secretary/ team officials/teammates know if a graded return to training and competition should apply to mitigate the risk of injury. A **medical certificate indicating the participant is well is required before resuming participation in or attending any netball activities**. Clubs are aware of the extra consideration of vulnerable participants, which may be at an increased risk.

Kindest regards,  
Belinda Wearne  
Secretary  
Pittwater Peninsula Netball Club



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**Children/Under 18 Guardians/Caregivers - Please fill and return the following slip to your club registrar Claire Dix at registrar@peninsulanetball.org.au**

To the best of my knowledge, I **CONFIRM**, \_\_\_\_\_

("Child") of team \_\_\_\_\_, is fit to participate in and attend netball activities and/or training and competition. I am aware that I have a responsibility to the MWNA netball community not to send my Child to netball activities and/or netball training and competition if my Child is feeling unwell and experiencing any symptoms such as a cough, sore throat, fever, fatigue or shortness of breath. I understand I am required to supply a medical certificate to the club secretary for my Child if they are returning to netball activities, training or competition from sickness.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_